TAEKIDOKAI
MARTIAL ARTS AUSTRALIA

YOUR TKMA JOURNEY STARTS HERE



WELCOME TO TAEKIDOKAI

Your first class is FREE.

Welcome to Taekidokai

Your TKMA journey starts here. Whether you are joining us for fitness, confidence, self-defence or simply to try something new, we look forward to welcoming you.

YOUR FIRST CLASS IS FREE

Come along, watch a class and join in if you feel comfortable. There is no pressure to become a member.

Everyone is welcome

We welcome students aged 5 years and above, including children, teenagers and adults.

Training can help develop fitness, confidence, self-defence, focus, awareness and positive mental health.



Getting started

What to wear for your first class

Just wear something comfortable that allows you to move freely. No shoes are worn during training.

You do not need to buy a uniform before your first class. Uniforms are available through your instructor, who can help select the correct size for you or your children.

Enrolment made easy

Simply turn up at the training centre of your choice. Our instructors will welcome you, explain the class and help you through the enrolment process.

A joining fee is due after your first class if you decide to enrol. Your instructor can explain the available fee options, including family monthly arrangements for those who train regularly.

You can change how you pay your training fees from month to month to suit your circumstances.

JUST TURN UP — WE WILL HELP WITH THE REST

Find your training centre

Choose the location that suits you. Select a centre below to see its latest training times, location information and directions on the TKMA website.

DAPTO — VIEW CLASS TIMES & DIRECTIONS

HELENSBURGH — VIEW CLASS TIMES & DIRECTIONS

KIAMA — VIEW CLASS TIMES & DIRECTIONS

TOWRADGI — VIEW CLASS TIMES & DIRECTIONS



More ways to train

Aikido of the Illawarra

Interested in Aikido? Find out more about Aikido training, current session times and the Horsley training location.

VISIT THE AIKIDO PAGE

Active Kids program

Eligible families may be able to use a NSW Government activity voucher towards training fees, subject to current program conditions and TKMA provider eligibility.

Check the latest eligibility requirements and how to apply through Service NSW:

VIEW NSW GOVERNMENT VOUCHER INFORMATION



Ready to begin?

There is no need to know anything about martial arts before your first visit. Come along, meet the instructor, watch a class and join in whenever you feel ready.

YOUR FIRST CLASS IS FREE

Find your nearest centre and check the latest class times at:

www.taekidokai.com



We look forward to welcoming you to the TKMA family.